

# SwimAmerica Program

## Winter II Session: February 15 to March 27

12 Group Lessons • 30 minutes each

Pre-School (Ages 3 and 4) • \$150 School-age (ages 5 and up) • \$120

Annual Registration Fee is \$25 per individual or \$40 per family

(Good through December 2010)

### What is SwimAmerica?

SwimAmerica is the learn-to-swim program of the American Swimming Coaches Association. The program is taught in 10 stations. Every student progresses at his or her own rate, independent of other students' development. Safety is the main reason for learning to swim. The SwimAmerica learn-to-swim program will give your child a safe start in life! The coaches are gentle, responsible, understanding and are all certified by the American Swimming Coaches Association.

### What will your child learn in the SwimAmerica Program?

SwimAmerica teaches much more than just how to swim. We emphasize proper techniques of swimming and give special care to correct breathing, body position, and good swimming strokes. The program teaches all four strokes, starts and turns, and is an excellent preparation for swimmers that would like to join the swim team. Proficiency leads to **achievement** and **self esteem**. SwimAmerica teaches the best skills for a lifetime of **safety, fun and fitness!**

### What will your child have to bring to class?

Swimsuit, towel, swim cap (required for girls). Goggles are optional, but helpful. Both goggles and caps can be purchased at the first class at the Swimshop in the Coral Springs Aquatic Complex.

**Please do not have your child eat 45 minutes prior to class.**

### Make-up and Cancellation Policy - Please Read Carefully!

If your child is unable to attend a class, please give us 24 hours notice and call 954-345-5441 to schedule a free make-up lesson. Please understand that **ONLY ONE** free make-up lesson is awarded per session, and must be taken prior to the end of the session. Further make-ups can be scheduled for an extra charge. SwimAmerica will not give any refunds for classes missed. If a class is cancelled due to weather conditions, can call our office to re-schedules. Classes are generally cancelled only for thunderstorms; we will teach when it is raining. To find out whether classes are being held on a particular day during bad weather, please call the Aquatic Complex at 954-345-2121, since our staff will be at the pool and not in our office.

Call  at 954-345-5441, or visit [swimamericacoralsprings.com](http://swimamericacoralsprings.com) for more information.

The Coral Springs Aquatic Complex is located at 12441  
Royal Palm Boulevard, just west of Coral Ridge Drive.



# Registration Form

Winter II Schedule: February 15 to March 27

Name of Child \_\_\_\_\_ Age \_\_\_\_\_ D.O.B \_\_\_\_\_ Sex \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Day Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_  
 Parent(s) Name(s) \_\_\_\_\_ Emergency Phone \_\_\_\_\_  
 Parent(s) E-mail Address \_\_\_\_\_

I will assume all risks and hazards that are incidental to the conduct of swimming activities for myself and/or my child, and further agree to release, absolve, indemnify and hold harmless South Florida Swim, Inc., SwimAmerica in Coral Springs, the City of Coral Springs, their sponsors, organizers and supervisors of all legal responsibilities. I give permission to these organizations, their officers and representatives, to provide medical treatment in case of an emergency or injury. I also understand and accept South Florida Swim's and SwimAmerica's lesson makeup and cancellation policy.

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_ release valid 01/01/10-12/31/10

## Program Schedule

I am signing up for the following lessons: (Please Circle - Choose Any Two)

- Pre-School (Ages 3-4) and School-Age (Ages 5 and up)\*

Monday, Thursday and Friday:  
 3:40 to 4:10 p.m.  
 4:15 to 4:45 p.m.  
 4:50 to 5:20 p.m.  
 5:25 to 5:55 p.m.  
 (M., Th. only)  
 6 to 6:30 p.m.  
 (M., Th. only)

Saturday:  
 9:30 to 10:00 a.m.  
 10:05 to 10:35 a.m.  
 10:40 to 11:10 a.m.

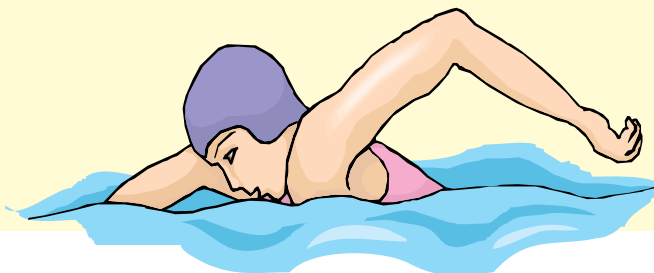
\* Pre-School students please confirm times and days with Biggi at 954-345-5441 before completing this form.

- Pre-School Pre-Team:  
 Monday 4:15 to 4:45 p.m.  
 Friday 4:15 to 4:45 p.m.

PRIVATE LESSONS AVAILABLE UPON REQUEST.

- Pre-Team School Age Station 9 and 10:

Monday and Thursday: 4:50 to 5:50 p.m. (Swimmers must be able to swim all four competitive strokes.)  
 Friday: 4:14 to 5:15 p.m.  
 Saturday: 10:05 to 11:05 a.m.



## Fees for 8 lessons

Pre-School (Ages 3 and 4)	\$150
School Age (Ages 5 and up)+Pre-Team	\$120
Private Lessons (Six 30-minute lessons)	\$150

Sibling discount: \$5 second, \$10 third child  
 Registration Fee is an annual charge of \$25 for one child and \$40 for a family (Valid through the end of 2010).

### PAYMENT BY CREDIT CARD - ONLINE ONLY

Lesson Fee: \$ \_\_\_\_\_  
 Registration Fee: \$ \_\_\_\_\_  
 Total Amount: \$ \_\_\_\_\_  
 Payment by: Check # \_\_\_\_\_

Please make checks payable to: **SwimAmerica**

First day of lesson: \_\_\_\_\_

Returning students only: Station number \_\_\_\_\_

## Please Check One:

- Pre-School (Ages 3 and 4)
- School-Age (Ages 5 and up)
- Private (please call 954-345-5441 for scheduling)

## How did you learn about our program?

- Flyer
- Newspaper
- Friend
- Other \_\_\_\_\_